WHAT'S THE COST OF LRP?



Application due: June 7, 2019

(spots are not guaranteed /wait-listed program)

Cost: \$450 (pending fund-

ing approval)

** Each participant will also need to bring \$100 cash for spending money



What Does the Week Look Like?

Stay overnight at the Durham College

Residence (Monday 9am. Stay over until – Friday 4pm.).

Celebrate your success with a wrap up party for participants, family and friends

PH Durham recognizes the ongoing financial support and sponsorship of; Harry Foster Foundation, Ministry of Community and Social Services, Durham College/UOIT Residence Centre

Participation House Project services include:

24 hr Residential Supports, supported independent living options, respite programs that promote skill development including day, afterschool and weekend programs and Person Centred Plan Development.

Our agency promotes services where persons with disabilities are included as full, participating members of the communities in which they live and work. Our practices are guided by a fundamental belief of respect for one another, understanding the uniqueness of each person and the inclusion of all citizens within their community.

Heather Hall Service Manager Community Supports and Respite

P. 905.579.5267 ext. 206 **F.** 905.579.5281

Email. Hhall@phdurham.com **Web.** www.phdurham.com

55 Gordon Street, Suite 1, Whitby, ON L1N0J2

ACHIEVING EXCELLENCE WHILE INSPIRING GREATNESS



THE PARTICIPATION HOUSE PROJECT (DURHAM REGION)

LIFE READINESS



Week I: July I-5

Week 2: July 8-12 Week 3: July 15-19

Week 4: July 22-26

Week 5: July 29- Aug. 2

What's LRP All About?

Life Readiness Program (LRP) is a 5-day summer respite program based out of Durham College Residence. The program promotes independent living skills through supported learning opportunities, demonstrations, and practical real-life experiences.

Trained Facilitators work with the participants to set objectives for skill development and provide guidance in their attainment.







Who Can
Attend
LRP?

- Are you 18 and older with a developmental disability?
- Interested in meeting new people and exploring your community?
- Interested in learning skills to live more independently?

Answered **YES** to any of the above, and have a developmental disability?

LRP Mentorship New Mentor Program

- Have you participated in the LRP program before?
- Are you interested in developing your leadership skills?
- Would you like to be a mentor to new participants in the LRP program?

If you answered yes to all of the above questions please identify your interest in taking part in the fun skill building program starting on June 24-25 2019 –for



ACHIEVING EXCELLENCE WHILE INSPIRING GREATNESS